

RESOLUTION NO. 4876

A RESOLUTION AUTHORIZING THE FIRE DEPARTMENT TO APPLY FOR A GRANT THROUGH THE JOHN C. ERKKILA, M.D. ENDOWMENT FOR HEALTH AND HUMAN PERFORMANCE FOR THE DEVELOPMENT AND IMPLEMENTATION OF A FIREFIGHTER FITNESS HEALTH EDUCATION PROGRAM.

WHEREAS, firefighting and emergency medical services are physically demanding activities that call for a high level of fitness and overall health to perform at optimal levels; and

WHEREAS, there are approximately 100 on-duty deaths of firefighters each year; and


WHEREAS, heart attacks are the leading cause of on-duty firefighter deaths; and

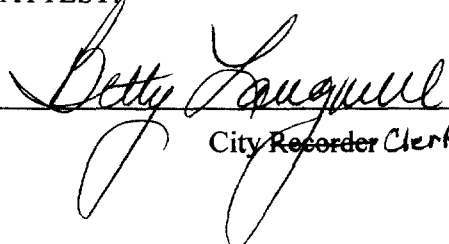
WHEREAS, the John Erkkila, M.D. Endowment for Health and Human Performance Fund has announced a grant opportunity for the purpose of supporting programs/projects which enhance human function and performance through clinical research, rehabilitation, and/or prevention; and

WHEREAS, should the Fire Department receive funding through this grant it would be used to develop and implement a program to reduce coronary heart disease risk factors through a comprehensive health education program aimed at improving knowledge, attitudes, and behaviors related to physical activity and nutrition in firefighters.

NOW, THEREFORE, BE IT RESOLVED the Albany City Council authorizes the Fire Department to apply for a grant through the John C. Erkkila, M.D. Endowment for Health and Human Performance for the development and implementation of a firefighter fitness health education program.

DATED THIS 8TH DAY OF SEPTEMBER 2003.

  
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Mayor

ATTEST:  
  
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City Recorder Clerk