

City Bridges

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Summer 2009

News to keep you connected to Albany City government

Summer concert series list lineups, name sponsor

Albany Parks & Recreation announces the lineups for its two summer concert series for 2009.

The 26th season of River Rhythms:

- July 9: The Young Dubliners (Celtic)
- July 16: Joe Nichols (country; at the Linn County Fair)
- July 23: Chuck Wicks (country)
- July 30: The Coats (a capella)
- August 6: Ricardo Lemvo (world beat)
- August 13: Pablo Cruise (soft rock)

The 15th season of Mondays @ Monteith:

- July 6: The Willamette Valley Concert Band
- July 13: The Cheeseburgers
- July 20: Cascade Chorus
- July 27: Puttin' on the Bitz
- August 3: Willamette Master Chorus
- August 10: David Valdez

River Rhythms concerts take place on Thursdays at Monteith Riverpark in Downtown Albany.

Performances begin at 7:00 p.m. Admission is free, but donations are encouraged.

Blanket seating opens at 5:30 p.m. to allow daytime workers a chance to find a spot. Concert-goers who want to sit in chairs can set them up earlier in the day.

Smoking is allowed in one area only: behind the adjacent Albany Senior Center. Local food vendors offer a variety of food for sale during River Rhythms. Children can take part in free art activities prior to the musical performances.

No pets are allowed in the park during the performances.

Handicapped parking is available.

For more information about the acts, visit www.riverrhythms.org.

Mondays at Monteith concerts are also in Monteith Riverpark, Monday evenings at 7:00 p.m. Admission is free, but donations are encouraged.

For more information about the acts, visit

www.mondaysatmonteith.org.



Brookdale Senior Living partners as title sponsor of Mondays @ Monteith Series

Brookdale Senior Living is the title sponsor of the 2009 Mondays @ Monteith concert series. Brookdale is working with Albany Parks & Recreation to provide significant financial support, leadership, in-kind resources, and staffing for the concert series and other signature community events.

"Brookdale Senior Living is delighted to partner with the City of Albany," says Vicki Biggs, Executive Director at Villas Courtyard Albany. "The City of Albany's management and staff are dedicated to providing quality activities, programming, and entertainment to the community. This commitment aligns well with Brookdale's mission statement, 'enriching the lives of those we serve with compassion, respect, excellence and integrity.'

"We look forward to serving the community together."

Applause!

Six Ovations!

Albany established itself as a leader in community celebrations at the 2009 Northwest Festival and Events Association Conference, garnering six of ten Ovation awards from the Oregon Festival and Events Association.

Best New Event: Procession of the Species, a celebration that brings Albany and outlying communities together to honor and respect the natural world. The spring event features a parade and concert in Downtown Albany. Event organizers Tia Swanson and Patty Evans were on hand to receive the awards

Volunteer of the Year: Charlie Eads, recognized for his extensive work and the Mondays at Monteith concert series in particular. His love of music has driven his volunteer work in the Albany community for over 30 years.

Best Sporting Event: Albany's Grand Slam Celebration.

Albany Parks & Recreation hosted its first end-of-season sports celebration for participants, staff, spectators, and sponsors.

Sponsor of the Year: ATI Wah Chang.

Working alongside Albany Parks & Recreation and Albany Visitors Association staff, Wah Chang provides thoughtful input, financial resources, product resources, constructive feedback, creativity, and staff leadership for the Northwest Art & Air Festival.

Best Music Program within a Festival:

The Night Glow at the 2008 Northwest Art & Air Festival featured Curtis Salgado on the Festival Stage, hot-air balloons, and a laser light show, attracting more than 15,000 spectators.

Best Festival or Event: The 25th anniversary season of the River Rhythms concert series. Significant changes were made to this Albany favorite to revitalize the event, reengage sponsors, and address issues created by the growing size of the crowd.



Downtown parking? No problem

Does Downtown Albany have a parking problem?

Parking is important to a viable downtown. This winter, the City's Community Development Department and the Central Albany Revitalization Area (CARA) staff conducted a quick, simple study to get the facts behind a persistent perception that Downtown Albany has a parking problem.

The study's methodology is based on "Parking Management Made Easy: A Guide to Taming the Downtown Parking Beast" provided by the Transportation and Growth Management Program, a



joint program of the Oregon Department of Transportation and the Oregon Department of Land Conservation and Development. A survey was distributed to over 1,700 downtown business owners, employees, and patrons. The study's conclusions are based on counting occupied parking spaces in the study area. The count occurred over two days, between 8:00-10:00 a.m., 11:30 a.m.-1:30 p.m., and 3:00-5:00 p.m.

Results showed that 46 percent of parking spaces in the downtown study area were occupied when the count was done. A rate of 85-90 percent is considered ideal.

The conclusion: based on the low occupancy rate, Downtown Albany does not have a parking problem.

Community Development staff reported the results to the City Council in April and will present them to the CARA Advisory Board for discussion about any changes that may be needed in managing Downtown parking.

The full report is available on the City's Web site at <http://www.cityofalbany.net> under City Council in the work session agenda packet for April 20, 2009. A paper copy can be made available by contacting the Planning Division at 541-917-7550.

Northwest Art & Air Festival celebrates ten years

Plan to wrap up your Albany summer August 28-30, 2009, at the Wah Chang Northwest Art & Air Festival at Timber-Linn Memorial Park and Albany Municipal Airport. This is the free Festival's tenth year, showcasing these popular events:

- More than six dozen Northwest artists display and sell their wares. Art includes pottery, jewelry, metalwork, wood craft, paintings, fused glass, toys, tapestries, and photography.



- The hot-air balloon Night Glow on Friday night with Curtis Salgado returning in concert.

- Hot-air balloons launch at dawn each morning. Rides are available for a fee. Contact the Albany Visitors Association at 541-928-0911.

- Live music and dance performances, featuring professional and amateur talent from the mid-Willamette Valley.

- Tie-dye; build birdhouses, photo frames; make windsocks; create with clay and experience other hands-on art in the Children's Art Village, brought to you by your locally-owned Carino's Italian Grill and Red Robin of Albany.

- Creedence Clearwater Revisited performs on the Oregon Amphitheater

stage on Saturday.

- Antique and classic cars on display.
- Free Young Eagles airplane flights for kids ages 8-17. More than 300 kids took these flights in 2008, the most Young Eagles flights at any one time west of the Mississippi.

- Northwest wines and microbrews and international foods.

More than 40,000 attended the 2008 Northwest Art & Air Festival. Find out what makes this weekend special. Join us!

The Northwest Art & Air Festival is presented by Albany Parks & Recreation and the Albany Visitors Association. ATI Wah Chang is the title sponsor for the tenth year. Visit www.nwartandair.org.

City of Albany Directory

Mayor

Sharon Konopa 926-6812

Ward I Councilors

Dick Olsen 926-7348

Floyd Collins 928-2961

Ward II Councilors

Bill Coburn 928-0649

Ralph Reid, Jr. 928-7382

Ward III Councilors

Bessie Johnson 791-2494

Jeff Christman 926-0528

City Manager

Wes Hare 917-7505

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General Information 917-7500

Ambulance Billing 917-7710

Building Inspection 917-7553

City Manager 917-7500

Downtown

Carnegie Library 917-7585

Economic Development 917-7639

Engineering 917-7676

Finance Office 917-7500

Fire Department 917-7700

Human Resources 917-7500

Main Library 917-7580

Mayor/Council Line 917-7503

Municipal Court 917-7740

Parks & Recreation 917-7777

Planning and Zoning 917-7550

Police Department 917-7680

Public Information Office 917-7507

Senior Center 917-7760

Transit 917-7667

Water and Sewer Billing 917-7547

Water/Sewer/Streets 917-7600

Emergencies
(Fire, Police, Ambulance)
Dial 911

City Bridges Info

City Bridges is published by an editorial team from the City of Albany. Questions and input about this newsletter can be directed to the City Manager's Office, 333 Broadalbin Street SW, P.O. Box 490, Albany, OR 97321-0144.

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Summer camps offer something for everyone!

The perfect summer? Spending time with friends. New things to do. A place to cool off in the hot sun. Albany Parks & Recreation summer camps offer all these things!

- For children and youth, summer camps provide the chance to become an ace crime scene investigator or learn to cook like an Iron Chef.

- Preteen girls can learn to weld or create their own tool boxes. Children age 7 to 11 can ride on a dune buggy or create an exploding volcano.

- Five- to eight-year-olds can discover the world of bugs and slugs and centipedes while digging in the dirt.

Year after year, kids discover such perfect summers where they can learn something about themselves, their environment, and even about their parents by spending time in a quality camp environment.

Parents can help their child develop a sense of independence and a love of the outdoors. Camping fosters independence in its participants and a group experience.



Camp broadens social skills and can tap inner resources. Campers can learn to get along with a variety of people, while time outdoors heightens awareness of the relationship between humans and nature.

Camp provides children with a community of caring adults who nurture experiential education for self-respect and appreciation for the world around them. Self-identity, self-worth, self-esteem, leadership, and self-respect all build

personal competencies. Children with a sense of community develop intergenerational relationships and learn through firsthand experiences. Trained, caring adult role models help children feel loved, capable, and included. Camp helps children grow by providing a supervised, positive environment that has safety as a primary commitment.

Albany Parks & Recreation offers a variety of summer day camps. Some specialize, such as horseback riding, drama, or cooking. Others offer a broader variety of activity. Many day camps include a field trip based on the area of interest. Most include visits to COOL! Pool each afternoon as a way to stay cool, enjoy water play, and stay physically active and fit.

Before choosing a camp, find out your son or daughter's interests. Check out camp offerings, philosophies, expectations for campers, and the staff-to-camper ratio at www.albanyparksandrecreation.org/camps. Call 917-7777 to register.

Police, Kiwanis Bike Rodeo at Target June 13

The 2009 Bicycle Safety Rodeo, sponsored by the Albany Police Department, Kiwanis Club of Albany, and Target, will be held from 10:00 a.m. to 1:00 p.m., Saturday, June 13, 2009, in the Target parking lot, 2255 14th Ave. SE.

The purpose of the Bicycle Safety Rodeo is to increase bicycle safety through educating children about safety rules, bicycle

skills, and helmet use. Law enforcement personnel, including bicycle officers, will be present from the Albany Police Department and other local agencies.

Children may participate at any time during the event. Activities will include bicycle skills testing, bicycle safety inspections, and bicycle identification engraving. In-line skates are welcome, and

helmets are required for all participants.

A drawing will be held at 1:30 p.m. for bicycles, helmets, and bicycle-related items. Rodeo participants must be present to win.

For more information, contact Carmen Westfall, Community Education Specialist, at the Albany Police Department, (541) 917-3206.

Vacation close to home — try a staycation

Imagine sitting and relaxing on a warm summer day. You plan to go swimming a little later on, then to a concert under the stars. Tomorrow? A beautiful hike. The next day? Whitewater rafting. All of this and more for a fraction of the cost of last year's vacation. Why? You're on a staycation!

A staycation is a vacation at home. You can save on gas, food, lodging, and airline tickets. There's no pressure to get the most "bang for your buck." Reduce stress, enjoy freedom of choice, and eliminate the hassles associated with travel when you become a tourist in your community. It's not only economical; it can be relaxing and refreshing.

Here are some tricks to making a staycation work:

- Treat it like a real vacation. Prepare in advance just as if you were leaving home. Pay the bills ahead of time. Mow the lawn and do other chores so they don't hang over your head.



- Check the Albany Parks & Recreation summer activity guide for concert schedules, outdoor trips, camps for kids, pool schedules, and arts and crafts workshops. Visit the Albany Visitors Center for local travel guides just as you would at a new destination. Make a list of activities and sights to see as if you were going away.
- Set a budget, less than what you would spend traveling, but more than your regular

routine at home. Don't be too frugal. If you are saving on airfare, hotels, and gasoline, you can splurge a little on meals and entertainment.

- Keep chores to a minimum. Everyone needs to pitch in and help with those that are necessary. Don't get tempted into thinking, "Well, I'm home and have some time... maybe I can finally get to tidying up the garage..." Absolutely, not! This is a vacation!

Join your neighbors on National Night Out August 4

Neighborhoods throughout Albany are invited to join forces on Tuesday, August 4, 2009, with thousands of communities nationwide for the 26th annual National Night Out crime and drug prevention event.

National Night Out is designed to heighten awareness of crime and drug prevention; generate support for and participation in anticrime efforts; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know neighborhoods are organized and fighting back. From 6:00 to 10:00 p.m. August 4,

residents in neighborhoods throughout Albany are asked to lock their doors, turn on outside lights, and spend the evening outside with neighbors and police. Many neighborhoods will be host special events such as block parties, cookouts, flashlight walks, contests, youth activities, and anticrime rallies.

If you would like to organize a Neighborhood Watch group or support local crime prevention efforts, National Night Out is an excellent opportunity to get to know your neighbors, host a neighborhood celebration, and organize to reduce crime.

If you live within the Albany city limits and want more information on National Night Out, Neighborhood Watch, or to register your neighborhood event, contact Community Education Specialist Lynn Hinrichs at 541-917-3208. Registered neighborhoods are eligible for prizes and visits from the Police and Fire Departments. Please register before June 26, 2009.

National Night Out is sponsored by the National Association of Town Watch and cosponsored locally by the Albany Police Department and Target. An estimated 35 million people from all 50 states are expected to participate this year.



2009 Summer Safety Camp

Albany Fire Department, Albany Police Department, Greater Albany Public Schools, Albany Community Pool, and Boys & Girls Club of Albany will sponsor two-weeklong Safety Camps this summer for children entering grades 4, 5, and 6 in the fall.

Camp will be held June 22-25 and July 27-30, 2009, in the cafeteria at South Albany High School, 3705 Columbus Street SE. Hours are 9:00 a.m. to 4:00 p.m. Campers must enter from the parking lot near the tennis court at the south end of the school campus.

Cost is \$30 per camper, and scholarships are available. No one will be turned away due to inability to pay.

Topics for camp include: electrical safety, disability awareness, animal safety, bus safety, and motor vehicle safety. Activities include daily swimming, lunch and snacks, a field trip, backpack, and T-shirts.

Campers must register at the Boys & Girls Club, 1215 Hill Street SE.

For more information, contact Wanda Omdahl at (541) 917-7734.

AFFCAF Golf Tournament is July 17

The Albany Firefighters Community Assistance Fund's 9th annual fundraiser golf tournament is scheduled at Spring Hill Country Club on Friday, July 17, 2009.

Proceeds support AFFCAF activities which include assistance to victims of fires and traumatic events; bike helmets for children; residential sprinkler systems in Habitat for Humanity homes; life safety vests for water recreation use; and other community needs that Albany's firefighters see daily.

The morning tournament is a four-person team scramble. The \$400 team fee includes 18 holes of golf, two golf carts, buffet luncheon, and the chance to win a number of great prizes. Deadline for team registration is July 1.

Businesses can sign on as tournament sponsors to take advantage of an opportunity to showcase their goods or services. For more information about registration or sponsorship, visit the City of Albany Web site, www.cityofalbany.net, or contact the Albany Fire Department at 541-917-7700.



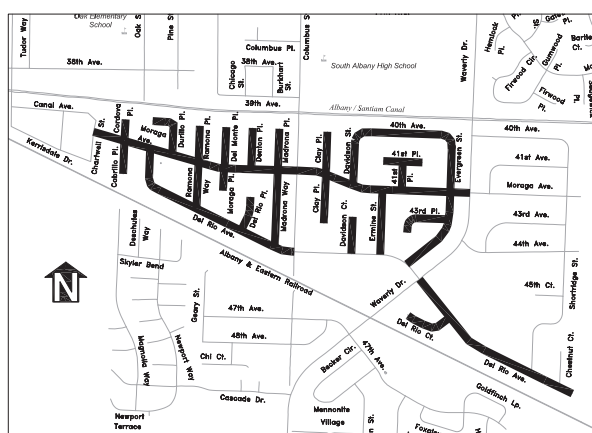
Chartwell, Pineway streets to get slurry seal

The City of Albany will have slurry seal applied to 23 South Albany streets by the end of June. The streets are in the Chartwell Station and Pineway Subdivisions and part of the Deerfield Addition.

Slurry seal is a thin asphalt coat that is applied to the full width of a street to seal cracks, provide a new surface and extend the street's life.

The City will hang notices on doors and set out no parking signs at least 48 hours before the work is done to notify area residents and businesses. Any items left in the street at 7:00 a.m. the day the street is scheduled to be surfaced will be removed at the owner's expense.

Streets being slurried will be closed from 7:00 a.m. until 5:00 p.m. The slurry seal is brown and sticky when first applied. People and pets must be kept off until it has cured for about six hours to prevent



2009 SLURRY SEAL PROGRAM

damage to the new surface and avoid tracking it into homes and onto vehicles.

Police and fire vehicles will be allowed to use the streets in case of emergency.

Work will be rescheduled if rain is expected. A new notice will be done 48 hours before the rescheduled work.

If you have questions about the slurry seal project, please contact Chris Cerklewski at 917-7646.

Streets to receive slurry seal are as followed:

Streets	From	To
Del Rio Ave.	Waverly Dr.	End
Del Rio Ct.	Del Rio Ave.	End
Del Rio Ave.	Columbus St	Moraga Ave.
Moraga Ave.	Waverly Dr.	Columbus St.
40th Ave.	Evergreen St.	Davidson St.
41st Pl.	Moraga Ave.	End
43rd Pl.	Evergreen St.	End
Evergreen St.	Del Rio Ave.	Moraga Ave.
Davidson St.	Moraga Ave.	40th Ave.
Ermine St.	Del Rio Ave.	Moraga Ave.
Clay Pl.	Moraga Ave.	North to end
Clay Pl.	Moraga Ave.	South to end
Madrona Way	Del Rio Ave.	Moraga Ave.
Madrona Pl.	Moraga Ave.	End
Denton Pl.	Moraga Ave.	End
Del Monte Pl.	Moraga Ave.	End
Ramona Pl.	Moraga Ave.	End
Durillo Pl.	Moraga Ave.	End
Cordova Pl.	Moraga Ave.	End
Cabrillo Pl.	Moraga Ave.	End
Ramona Way	Moraga Ave.	Del Rio Ave.
Moraga Pl.	Moraga Ave.	End
Del Rio Pl.	Del Rio Ave.	End

Water exercise is good for EVERY body!

Water therapy exercise programs, sometimes called Aqua Fitness, Aqua Jogging, hydrotherapy, or aquatic therapy, are aquatic-based exercises designed to relieve back pain, condition and strengthen muscles, increase range of motion, improve balance, improve agility, increase flexibility, and help people lose weight effectively.

Water exercise offers many of the same benefits as land-based exercise without pounding of the body due to gravity:

- Buoyancy: Water counteracts gravity and helps to support your weight. This can improve balance and strength.
- Viscosity: Water provides resistance by means of gentle friction, allowing

strengthening and conditioning of an injury while reducing the risk of further injury due to loss of balance.

Hydrostatic pressure: Improves heart and lung functions, making aquatic exercise a very useful way to maintain and strengthen both. This pressure also aids in improving muscle blood flow.

There is no one-type-fits-all exercise program. Individuals have unique goals, personal preferences, metabolism, and genetic makeup. The Albany Community Pool offers many ways to find what works for you. We have:

- Lap swims M-F 5:30 am-8:00 am, noon -1:00 pm and 6:00 pm-7:00 pm
- Aqua jogging (deep water)- T/TH noon - 1:00 pm, M/W 6:00 pm-7:00 pm



- Aqua fitness (shallow water) T/TH 7:00 pm - 8:00 pm
- Senior fitness M,T,TH,F 7:15 am - 8:15 am and 8:15-9:15 am.

The Albany Community Pool is next to South Albany High School at 2150 36th Avenue SE. Call 967-4521 or visit www.cityofalbany.net/parks.

Parks & Recreation sports programs – no off-season

Albany Park & Recreation's sports programs are growing and changing. In the last couple of years, participation in softball is up 18%, Sticks 4 Kids 60%, volleyball 33%, basketball 40%, and tennis classes 300%. These increases can be attributed to a new marketing plan; using the Internet; and improved field conditions, staffing, and program logistics.

Since spring 2007, staff have created a sports slogan; done fliers and brochures that advertise all of sport offerings; been featured in news stories in the *Albany Democrat-Herald*; and designed an e-newsletter that goes to more than 1,000 addresses each month. Targeted marketing is a big reason behind the tennis participation numbers.

With the sports-specific Web site, program staff are able to target new customers while keeping in touch with continuing customers. Sports participants can access this Web site for registration, schedules, standings, rainouts, and other new or current program information. The Web site also recognizes program sponsors. League sponsor logos are posted front and center, providing links to the Web sites of each business. Team sponsors are listed with contact information on the sponsor page.

Behind the scenes, Parks & Recreation field maintenance staff have brought the fields and sports complex atmospheres



back from years of poor playing conditions.

- Players gave field conditions a "B" in 2008.
- With a new sports Umpire in Chief coordinating and training umpires and officials, players changed the 2007 "D" rating for umpires to a "B-minus" for 2008.
- More than \$56,000 in in-kind sponsorships are directly reflected in improvements to playing conditions and the playing atmosphere.

Thanks, sponsors for supporting of our programs and the Albany community. Special thanks goes to league/custom sponsors Knife River, University Fencing, Xtreme Grafz, Century 21, and Pacific Power.

If you want more information about Parks & Recreation sports programs, visit www.albanyparksandrecreation.org/sports.

Kinder Park nearing completion

Construction on Kinder Park should be completed this June, according to Ed Hodney, Director of Albany Parks & Recreation. The new 12-acre neighborhood park on Oak Street south of 11th Avenue, will include youth baseball fields, a playground, picnic facilities, paths and parking.

The project was funded through a combination of revenues from Parks System Development Charges, a grant from Oregon State Parks, and donations from the Albany Boys & Girls Club. The Boys & Girls Club also donated the park site to the City.

"Kinder Park is a great example of the partnership between the City and the Boys & Girls Club," Hodney said. "Neither organization could have paid for this project independently, but working together, we were able to secure matching funds from State Parks. I think our community will be very proud of this new park when it's finished" The City will own and maintain Kinder Park with assistance from the Boys & Girls Club.



Apply now to attend APD Citizens Academy

The Albany Police Department is accepting applications for the Fall 2009 Citizens Academy, to be held September 1-November 3.

The Academy is offered free to Albany citizens who are 18 years of age or older and who pass a criminal background check. The Citizens Academy is designed to promote awareness and understanding of the Albany Police Department's role in the community, the criminal justice system, and to educate citizens about the Department's daily functions and operations.

Academy students will be selected to attend 39 hours of interactive classroom and hands-on instruction. Topics include police officer selection, training, and duties;



investigation skills; tactical operations; use of force and defensive tactics; canine procedures; firearms use; narcotics investigations; crime scene processing; and crime prevention. Students will be actively involved in a variety of educational and interesting activities.

Classes will be held Tuesdays from 6:30-9:30 p.m. Two Saturday classes are also planned.

Academy applications may be obtained at the Albany Police Department, 1117 Jackson Street. SE, or by download at <http://www.cityofalbany.net/police>. Space is limited.

Applications must be returned to the Department no later than 5:00 p.m., August 14, 2009. Two credit hours plus tuition costs are available through Linn-Benton Community College upon successful completion of the Academy. For further information, please contact the Albany Police Department at 917-7680.

Join FireMed

The Albany Fire Department and its ambulance service are important partners with the local medical community in providing you quality emergency care. Membership in the FireMed plan offers Albany residents protection from additional out-of-pocket expense for needed ambulance service while assisting the Department to maintain state-of-the-art service.

A \$50.00 FireMed membership provides emergency pre-hospital medical care and transportation for the immediate family regularly living in the household of the member.

For more information about or an application for FireMed, call 541-917-7710.

The Albany Fire Department also has information on applications for membership for air medical services.

Focus: Children's Mental Health Awareness

The Albany Human Relations Commission encourages public education about all aspects of human diversity. May is Mental Health Month, and May 7 was set aside this year as Children's Mental Health Awareness Day. The Commission recommends the following tips to help parents and educators keep children mentally healthy.

- Create a sense of belonging. Feeling connected and welcomed is essential to children's positive adjustment, self-identification, and sense of trust in others and themselves.
- Promote resilience. Adversity is a natural part of life and being resilient is important to overcoming challenges and good mental health.



- Develop competencies. Children need to know that they can overcome challenges and accomplish goals through their actions.
- Teach and reinforce positive behaviors and decision making. Provide consistent expectations and support.
- Educate staff, parents, and students on symptoms of and help for mental health

problems. Information helps break down the stigma surrounding mental illness and enables adults and students to recognize when to seek help.

- Encourage helping others. Children need to know that they can make a difference.
- Encourage good physical health. Good physical health supports good mental health.

Additional tips and information is available on the National Association of School Psychologists Web site at www.nasponline.org/resources/mental-health/mhtips.aspx. For local information, contact Linn County Mental Health at 967-3888 or Benton County Mental Health at 766-6835 (Benton).

Thanks to our sponsors

The Albany Police Benevolent Association thanks the following for contributions to our 2008 holiday fund-raiser:

- Steamers
- Tan Republic
- Chinook Winds Casino
- The Philomath Gun Shop
- Les Schwab
- US Tactical
- Seattle Mariners
- Mid Valley Gems
- Ping's
- The Mill Casino
- Greg and Debbie Buchert
- Albany Athletic Club
- 14th Avenue Salon
- Beggs Tires
- Albany Fire Department
- Four Seasons Car Wash
- Coastal Farm
- Circle Bar Golf Course
- Portland Winter Hawks
- Izzy's
- Spring Hill Country Club
- Inn at Spanish Head
- University of Oregon
- HooDoo
- Jordan Jewelers
- Candles by Julia
- Jet Boat Races
- The Mane Event Salon, Stylist Ally Wayrynen
- Shakespeare Festival
- Albany Regional Museum
- The Shutterbug

The City of Albany United Way Committee would like to thank these local businesses for their contributions to our 2008 campaign:

- Albany Fire Department
- Albany Police Department
- Albany Public Library
- Oregon State University
- Les Schwab
- Dutch Brothers
- Albany Athletic Club
- The Mill Casino & Resort
- Chinook Winds
- Shilo Inn
- Central Willamette Community Credit Union
- Costco



Pump & Run '09

The 6th annual Pump & Run competition will take place on Saturday, June 27, 2009, at the Albany Athletic Club, 380 Hickory Street. NW. The event is a fund-raiser for the Albany Fire Fighters Community Assistance Fund (AFFCAF).

Pump & Run is a combined bench press and 5K run competition. Participants receive a time deduction from their 5K run time for each repetition they can bench press or can participate in a 5K run or walk only. A barbeque lunch will follow.

Entry forms are available at Albany Athletic Club; Albany Fire Services, upstairs in Albany City Hall, 333 Broadalbin Street SW; or at any of the four Albany fire stations.

For more information, contact Tammy Jordan at 541-917-7700, or tammy.jordan@cityofalbany.net. Information and an entry form are also available at: <http://www.cityofalbany.net/fire/pumpandrunk>.

Loan-A-Life Jacket at AFD



The Albany Fire Department, in conjunction with the Albany Firefighters Community Assistance Fund (AFFCAF), will again offer the Loan-A-Life Jacket program from Memorial Day weekend through Labor Day (May 23-September 7, 2009).

The life jackets will be available on an outdoor display at Fire Station 11, 110 Sixth Ave. SE. Individuals can check out life jackets on the honor system and return them without having to depend on staff to be available at the station for help.

Borrowers should fill out a life jacket agreement form, available at the display, when borrowing a life jacket. Signs posted with the life jackets clearly set forth rules for their use and the requirement to sign the agreement.

The Centers for Disease Control report that drowning is the No. 2 cause of death for children under the age of 14. The Albany Fire Department hopes this program will help address the risk of drowning in local waterways.

The life jackets, for children and adults, were donated through the U.S. Boat Foundation and AFFCAF. This is the fourth summer that the program has been offered in Albany.

If you have any questions, please contact Fire Services at 541-917-7700.